

# Sports Medicine Compounding Ideas

## Athlete's Foot

- Tea Tree Oil 5.4%/ Lavendar Oil 1%/ Clotrimazole 1%/ Undecylenic Acid 5%/ Urea 5% Topical Cream

## Blisters

- Blister Ointment HC 2%

## Corns/Callouses

- Salicylic Acid 10%/Podophyllum 10%/Trichloroacetic Acid 10% (W/V) Topical Solution (**Corns and Callous Therapy**)
- Salicylic Acid/ Menthol Cream (**Corn and Callous Removal Cream**)

## Heel Spurs

- Ketoprofen 10% Topical Lipoderm® (Pentylene Glycol)
- Amitriptylline HCl 2% / Baclofen 5% / Ketamine HCl 5% / Ketoprofen 10% Topical Lipoderm®
- Amitriptylline HCl 2% / Ketoprofen 2% / Carbamazepine 2% Topical Lipoderm
- Ibuprofen 20% in Lipoderm® Transdermal Gel

## Plantar Fasciitis

- Ketoprofen 20% / Ibuprofen 2% / Ketamine 2% / Clonidine 0.2% / Amitriptylline HCl 2% / Guaifenesin 2% Baclofen 5% Topical Lipoderm®
- Ketoprofen 10% / Guaifenesin 10% / Capsaicin 0.025% / Lidocaine 2% / Amitriptylline HCl 2% Topical Lipoderm®
- Ketoprofen 10% / Cyclobenzprine HCl 2% Topical Lipoderm®
- Amitriptylline HCl 2% / Ketoprofen 2% / Carbamazepine 2% Topical Lipoderm®

## Nail Removal (Non-Surgical)

- Urea 40% Ointment
- Urea 40% / Bacitracin/Clotrimazole/Ibuprofen/DDG Ointment

## Nail Fungus

- Itraconazole 1% / Ibuprofen 2% in DMSO Nail Polish
- Fluconazole 1% / DMSO Topical Solution

## Fungal Skin Infections

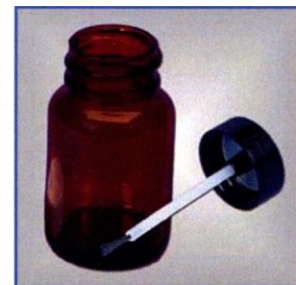
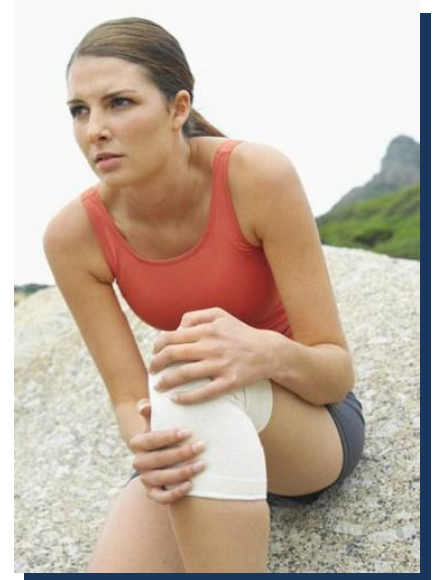
- Clotrimazole 2% / Ibuprofen 2% / Tea Tree Oil 1% Topical Cream
- Ketoconazole/Tea Tree Oil/DMSO Antifungal Solution
- Amphotericin 3% Topical Lotion

## Methicillin-Resistant *Staphylococcus aureus* (MRSA)

- Clindamycin 3% / Doxycycline 1% Topical Ointment
- Vancomycin HCl 2.5% Topical Spray

## Excessive Perspiration/Foot Odor

- Glycopyrrolate 0.5% Topical Solution
- Methenamine 5% Clear Lotion/Gel



Nail Polish Applicators and Roll-on Bottles Allow for Easy Application of These Topical Solutions.



*Strengths, dosage forms, and bases can be easily changed to fit your needs!*

**These Are Just a Few Ideas. Contact Us to Find Out More, Today!**



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